

# Chapter 5

## Speaking

### Speaking Progress Check

#### Task

Prepare and give a short presentation on SMART goals.

#### Instructions

Listen to Excerpt 2 in the listening section of this chapter. Listen for and take down important information about the following points:

- Why goals are important
- What each letter in SMART stands for
- Why it is important to make goals SMART

Use the chart below to help you organize your notes and plan your presentation.

<b>Introduction</b>	
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**Body**

<b>Conclusion</b>		
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1. Read the rubric for the task in your textbook so that you are familiar with the expectations of the task.
2. Prepare and practise your presentation
3. Present the information to a group or your instructor.